



HELPFUL HEALING DAY RETREAT

FREE for those who experienced stress, trauma, and anxiety during the 2025 hurricanes and storms
April 12th, 10am-5pm

Experience feeling relaxed, renewed, and uplifted

With individual Massage, Chiropractic Adjustment, Reiki, Energy Facial, and Ice Plunge. Group Sound Healing Immersion, Energy Healing, Music, Yoga, EFT Tapping, and Breathwork. Break-out sessions include Stretch, Sound Healing, Fitness Movement, Qigong, and Meditation.

Registration for Sessions 9:30 to 10:15 Retreat Sign up - Eventbrite



Christine Walker - Coordinator- Host



Marya Flurnoy - Key Note Co-host- Energy Healer,



Juliana Baron Sound Healing Immersion - Healer and facilitator



Dr. Dyllon Mawn - Breathwork and adjustments



Deja Cross - Assistant Facilitator and healer - Healing with Bija Mantras



Christopher Salomone (Sal) Featured Guest Artist



Krystle Rose Mack - Team Support - Reiki Healer



Dr. Yina Holistic Chiropractic Adjustments



Vandana Dillon Yoga Reiki Master,



Ann Adams Pilgrimage Energy Healer Reiki



Christina Maffia - Sound Healing



Ethan Alan - Assistant EFT Tapping Facalitor - Body Stretch



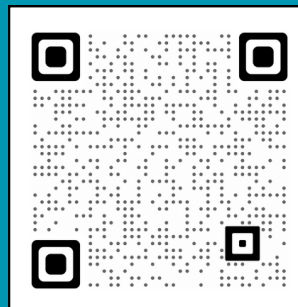
April Skye - Support Leader - Chant healer and artist



Janan Talafer Reika Healer



Ofelia E. Cedeno Reika Healer



Please sign up on Eventbrite. Plan on registering for your sessions at 9:30. Light Breakfast and Lunch included.

